

***Proclamation***

**Nova Scotia Walk Day**

**May 10, 2023**

WHEREAS Hike NS encourages and promotes hiking, walking, and snowshoeing through Nova Scotia; and

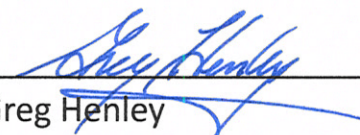
WHEREAS NS Walks is a program of Hike Nova Scotia, and its goal is to create social supports to increase opportunities for people who are currently less active to enjoy the benefits of walking; and

WHEREAS Walking is an enjoyable, easy, and low risk physical activity and is a great way to become more active and connect with others; and

WHEREAS Nova Scotia Walk Day is a fun way to be active and promote walking as physical activity

THEREFORE, I, Mayor Greg Henley, on behalf of the Town of Oxford do hereby proclaim May 10, 2023, to be Nova Scotia Walk Day in Oxford and I encourage all citizens to connect with their fellow community members and enjoy a friendly group walk.

Dated at Oxford, Nova Scotia  
this 10<sup>th</sup> day of May 2023

  
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Greg Henley  
Mayor