

Everyone Stay Safe!!



With children and youth spending more time out and about during the summer months, it's important to remind them about essential safety practices.

To help keep students stay safe, we've compiled a list of tips for families to discuss with children and teens while they enjoy this well-deserved break!

- **Be aware of your surroundings:** If you notice anything or anyone suspicious, notify a parent or another trusted adult (like a teacher or grandparent).
- **Trust your instincts and your feelings:** If someone makes you feel uncomfortable or if you feel like something's just not right — even if you can't explain why — walk away immediately and notify a trusted adult.
- **Be assertive if approached by a stranger:** If a stranger ever approaches and offers a ride or treats (like candy or toys) or asks for help with a task (like helping find a lost dog), they should step away, yell "No!" and leave the area immediately. Always notify a parent or another trusted adult right away.
- **Avoid shortcuts:** Stick to well-traveled paths when going out and steer clear of isolated and unfamiliar areas. Discuss potential routes with parents or guardians before heading out.
- **Walk in pairs or groups:** Whenever possible, travel with others and remain in well-lit and busy areas.
- **Share your plans:** Always let your parent or caregiver know where you're headed, what route you're taking and when you plan to return. Remember to call or message

when you arrive or are leaving your destination and always discuss estimated arrival times.

- **Communicate changes in plans:** If your plans change or if you might be delayed, call or message your parents or caregivers and inform them of the change. **If you suspect you're being followed, dial emergency services at 9-1-1.**

A few tips, from a recent interview on CTV News – June 9, 2025, that Oxford Town Council would like to add.

- Cpl. Guillaume Tremblay, a public information officer, says it's important people report all incidents they believe to be suspicious.

“It's not always someone that looks scary that's out there that you want to report ... a stranger is someone you simply don't know very well,” he told CTV Morning Live's Crystal Garrett.

- If you see a suspicious vehicle, with summer changes and the kids going to summer camp and the school year ending, and you know the vehicles in your neighbourhood and that vehicle is not usually parked there, it's kind of out of the ordinary, you might want to call the RCMP non-emergency line, which is 902-447-2525.

“As a police officer I'd much rather go to a suspicious person that's unfounded rather than show up when someone has taken a child.”

“Initially you may think there's nothing criminal in nature, but it could be someone that's trying to hide their identity that could be breaching their conditions, so it's important to follow up on all incidents and identify those individuals and know what their intent is at the end of the day,”

- Tremblay added parents should take advantage of pre-teens and teen's cellphone use and check-in with them at home during the day.

“Whether it's a text message or an application on one of your devices, maybe you have some smart devices at your home, like a doorbell camera, maybe you're expecting a delivery. You want to make sure your kids are aware that there's going to be a delivery coming, the service that it's coming from and maybe not to answer the door depending on their age”

References: https://surrey-localwww-pri.schoolbundle.ca/_ci/p/174403

[N.S. news: Tips to deal with 'stranger danger'](#)